

World Mental Health Day 2026

TURN NORTH LINCOLNSHIRE BLUE!



SATURDAY 10 OCTOBER 2026

Schools and workplaces can join us on Friday 9 October

This October, we're asking North Lincolnshire
to come together and Turn Blue
for better mental health!



WEAR BLUE

Wear something blue and show your support.



FUNDRAISE

Raise funds for local mental health.



START CONVERSATIONS

Talk, listen and start conversations.



SHOW YOUR SUPPORT

Every action helps show that mental health matter.

**WILL YOU
JOIN US?**



**SCAN TO
JOIN US**



Register and find everything you need

**nlmind.org/
turnnlblue**

However you Turn Blue, you'll be helping show
that mental health matters.

#TurnNLBlue

mind
North
Lincolnshire